

CABELL COUNTY SCHOOLS
PK BREAKFAST MENU SEPTEMBER 2019

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		Aug - 28 Cereal to Go WG Sausage Pancake WG Stick Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Aug - 29 Cereal to Go WG Egg/Bacon WG Croissant Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Aug - 30 NO SCHOOL																																																																																																																																												
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Carb	100.9g	67.0%Cal																																																																																																											
T.Fat	12.9g	19.3%Cal																																																																																																											
S.Fat	4.4g	6.6%Cal																																																																																																											
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Sodium.	944 mg																																																																																																												
Prot	18.5g	14.5%Cal																																																																																																											
Carb	89.5g	70.4%Cal																																																																																																											
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Sep - 16 Cereal to Go WG Muffin, WG Berry Cheese Stick Breakfast Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Sep - 17 Cereal to Go WG Chicken & Biscuit Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Sep - 18 Cereal to Go WG Sausage Pancake WG Stick Fruit Juice, Assorted Strawberries MILK - Variety	Sep - 19 Cereal to Go WG Egg/Bacon/Cheese Wrap Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Sep - 20 NO SCHOOL																																																																																																									
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CABELL COUNTY SCHOOLS
PK BREAKFAST MENU SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 30 Cereal to Go WG PEACHES-N-CREAM WAFFL Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety				
Nutrients Target Cals... 734 113% Sodium. 1029 mg Prot 22.3g 12.2%Cal Carb 139.1g 75.8%Cal T.Fat 11.2g 13.7%Cal S.Fat 5.5g 6.8%Cal				

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