

# CABELL COUNTY SCHOOLS

MIDDLE SCHOOL 2nd LUNCH LINE SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																																																												
		Aug - 28  Chicken/Bacon RanchWG H Broccoli, Parmesan Carrots Honey Coins FRESH APPLE WEDGES Veg Fruit Bar Wed Middle MILK - Variety	Aug - 29  Turkey & Cheese WG hoagi Baked Fries ketchup, indiv 7 grams Peas WATERMELON Veg Fruit Bar Thursday Mid MILK - Variety	Aug - 30  Ham & CheeseWG Flatbrea Rice, Spanish WG Refried Beans Corn Mandarin Oranges Veg Fruit Bar Friday Middle MILK - Variety																																																																																																																																												
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**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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MIDDLE SCHOOL 2nd LUNCH LINE SEPTEMBER 2019

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Sep - 9  Pizza, Cheese Caesar Salad w Ranch Dres Celery Sticks w Wow Butter Orange Wedges Pudding, Chocolate Veg Fruit Bar Monday MILK - Variety	Sep - 10  Philly Steak/Cheese WGSan Potatoes, Red Roasted Red & Orange Peppers Ranch Dip, FF Pineapple Tidbits Veg Fruit Bar Tuesday MILK - Variety	Sep - 11  MEATBALL SUB Cheesy Potatoes Carrots Honey Coins Grapes, Fresh Veg Fruit Bar Wednesda MILK - Variety	Sep - 12  Hot Dog WG bun with chili Baked Beans Potato Rounds ketchup, indiv 7 grams KIWI Veg Fruit Bar Thursday MILK - Variety	Sep - 13  BBQ Pork WG Bun Cheese, Cheddar, Cubes Quick Baked Potatoes Cucumber Slices Ranch Dip, FF Jello w Fruit Mix Veg Fruit Bar Friday MILK - Variety																																																																																																																																												
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Sep - 16  Italian Sub Baked Fries ketchup, indiv 7 grams Green Beans w Garlic Cheesecake Blueberry Tart FRESH APPLE WEDGES Veg Fruit Bar Monday MILK - Variety	Sep - 17  Pizza, Chicken Bacon Ranch Broccoli, Parmesan Carrots Honey Coins Strawberries & Bananas Veg Fruit Bar Tuesday MILK - Variety	Sep - 18  French WG Bread Cheesy/P Caesar Salad w Ranch Dres Peas CANTALOUPE Veg Fruit Bar Wednesda MILK - Variety	Sep - 19  Hot Ham/Cheese on WG B Quick Baked Potatoes Carrots Honey Coins Applesauce Cup Veg Fruit Bar Thursday Pudding, Chocolate MILK - Variety	Sep - 20  Soft Taco (2) Rice, Spanish WG Refried Beans CORN COBBETT Mandarin Oranges Veg Fruit Bar Friday MILK - Variety																																																																																																																																												
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**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# CABELL COUNTY SCHOOLS

MIDDLE SCHOOL 2nd LUNCH LINE SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday																																																																						
Sep - 23  Ham & Cheese WG Croissa Lettuce & Tomato Potato Rounds ketchup, indiv 7 grams Carrots Honey Coins FRESH APPLE WEDGES Cookie Choc Chip WW Veg Fruit Bar Monday MILK - Variety	Sep - 24  Pizza WG Peppero/Che Flat Nacho Scoops WG Salsa/H Corn Red & Orange Peppers Grapes, Fresh Veg Fruit Bar Tuesday MILK - Variety	Sep - 25  BBQ Chicken Sandwich w/C Sun Chips WG Baked Beans CORN COBBETT Strawberries Veg Fruit Bar Wednesda MILK - Variety	Sep - 26  MEATBALL SUB Potatoes, Diced Hashbrown Cucumber Slices Ranch Dip, FF Apples, Hot/Cinnamon Veg Fruit Bar Thursday MILK - Variety	Sep - 27  Ranch Chicken/Cheddar Wr Chex Mix WG Broccoli, Parmesan Carrot Sticks Sherbet, Luigi's , Orange Pears, Sliced Veg Fruit Bar Friday MILK - Variety																																																																						
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**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

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**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.