

CABELL COUNTY SCHOOLS
PK BREAKFAST MENU MARCH 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Feb - 26 Cereal to Go WG FRENCH TOAST STICKS Yogurt breakfast - 4 oz GRANOLA Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Feb - 27 Cereal to Go WG Egg/Cheese Omelet Biscuit Pillsbury Fruit Juice, Assorted Apricot Cup MILK - Variety	Feb - 28 Cereal to Go WG Sausage on Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Mar - 1 NO SCHOOL
	Nutrients Target Cals... 981 151% Sodium. 1472 mg Prot 31.3g 12.8%Cal Carb 178.9g 73.0%Cal T.Fat 16.0g 14.7%Cal S.Fat 4.0g 3.6%Cal	Nutrients Target Cals... 652 100% Sodium. 1017 mg Prot 24.2g 14.9%Cal Carb 96.2g 59.1%Cal T.Fat 19.1g 26.4%Cal S.Fat 11.7g 16.2%Cal	Nutrients Target Cals... 741 114% Sodium. 1298 mg Prot 21.3g 11.5%Cal Carb 96.4g 52.1%Cal T.Fat 30.4g 36.9%Cal S.Fat 15.0g 18.3%Cal	Nutrients Target Cals... 0 0% Sodium. 0 mg Prot 0.0g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0g 0.0%Cal S.Fat 0.0g 0.0%Cal
Mar - 4 Cereal to Go WG Breakfast Pizza WG Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Mar - 5 Cereal to Go WG Chicken & Slider Bun WG Fruit Juice, Assorted Craisins MILK - Variety	Mar - 6 Cereal to Go WG Oatmeal Cup WG Cinnamo Fruit Juice, Assorted Apples, Sliced MILK - Variety	Mar - 7 Cereal to Go WG Sausage on Biscuit Fruit Juice, Assorted Strawberries MILK - Variety	Mar - 8 NO SCHOOL
Nutrients Target Cals... 464 84% Sodium. 944 mg Prot 18.0g 15.5%Cal Carb 78.2g 67.3%Cal T.Fat 8.5g 16.5%Cal S.Fat 2.3g 4.5%Cal	Nutrients Target Cals... 701 108% Sodium. 905 mg Prot 26.9g 15.4%Cal Carb 130.2g 74.3%Cal T.Fat 11.2g 14.3%Cal S.Fat 1.8g 2.3%Cal	Nutrients Target Cals... 557 100% Sodium. 611 mg Prot 17.3g 12.4%Cal Carb 112.1g 80.4%Cal T.Fat 4.3g 6.9%Cal S.Fat 0.6g 1.0%Cal	Nutrients Target Cals... 715 110% Sodium. 1299 mg Prot 21.1g 11.8%Cal Carb 90.0g 50.3%Cal T.Fat 30.2g 38.1%Cal S.Fat 14.9g 18.8%Cal	Nutrients Target Cals... 0 0% Sodium. 0 mg Prot 0.0g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0g 0.0%Cal S.Fat 0.0g 0.0%Cal
Mar - 11 Cereal to Go WG Sausage Pancake WG Stick Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Mar - 12 Cereal to Go WG Chicken & Slider Bun WG Fruit Juice, Assorted PEACHES CUP MILK - Variety	Mar - 13 Cereal to Go WG Egg/Bacon WG Croissant Yogurt breakfast - 4 oz Fruit Juice, Assorted Strawberries MILK - Variety	Mar - 14 Cereal to Go WG Sausage Pancake WG Stick Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Mar - 15 NO SCHOOL

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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