## CABELL COUNTY SCHOOLS

Page 1 PK BREAKFAST MENU AUGUST 2018 Aug 6, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	
Aug - 27	Aug - 28	Aug - 29	Aug - 30	Aug - 31	
Cereal to Go WG Oatmeal Cup WG Cinnamo Fruit Juice, Assorted Strawberries MILK - Variety	Cereal to Go WG Sausage on Biscuit Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Cereal to Go WG Chicken & Slider Bun WG Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Breakfast Tart Egg & Cheese Pretzel Bun Fruit Juice, Assorted BANANA, SMALL MILK - Variety	NO SCHOOL	
Nutrients Target Cals 515 94% Sodium. 609 mg Prot 17.5g 13.6%Cal Carb 101.8g 79.1%Cal T.Fat 3.9g 6.7%Cal S.Fat 0.5g 0.9%Cal	Nutrients Target Cals 696 107% Sodium. 1298 mg Prot 20.8g 12.0%Cal Carb 85.1g 48.9%Cal T.Fat 30.2g 39.0%Cal S.Fat 14.9g 19.3%Cal	Nutrients Target Cals 601 100% Sodium. 904 mg Prot 27.1g 18.1%Cal Carb 102.7g 68.4%Cal T.Fat 10.9g 16.3%Cal S.Fat 1.9g 2.8%Cal	Nutrients Target Cals 771 119% Sodium. 735 mg Prot 24.0g 12.5%Cal Carb 120.7g 62.6%Cal T.Fat 15.8g 18.4%Cal S.Fat 5.5g 6.4%Cal	Nutrients Target Cals 0 0% Sodium. 0 mg Prot 0.0g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0g 0.0%Cal S.Fat 0.0g 0.0%Cal	

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<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.