

CABELL COUNTY SCHOOLS

MIDDLE SCHOOL MAIN LINE MARCH 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Feb - 26 Macaroni and Cheese Chicken Tenders Broccoli, Parmesan Strawberries & Bananas Hot Roll WG Veg Fruit Bar Tuesday Midd MILK - Variety	Feb - 27 Chili Con Carne w Beans Toasted WG Cheese Sandwi Cucumber Slices Ranch Dip, FF Pears, Sliced Veg Fruit Bar Wed Middle MILK - Variety	Feb - 28 TURKEY AND DRESSING S Mashed Potatoes Peas PEACHES CUP Hot Roll WG Veg Fruit Bar Thursday Mid MILK - Variety	Mar - 1 Barbecue Chicken Cheesy Potatoes Baked Beans Carrots Honey Coins Hot Roll WG FRESH APPLE WEDGES Veg Fruit Bar Friday Middle MILK - Variety
Mar - 4 Chicken/Cheese Quesadilla Rice, Spanish WG Refried Beans Corn APPLE CRISP Ice Cream Veg Fruit Bar Monday Midd MILK - Variety	Mar - 5 Spaghetti w Meat Sauce Caesar Salad w Ranch Dres Peas Grapes, Fresh Hot Roll WG Veg Fruit Bar Tuesday Midd MILK - Variety	Mar - 6 Broccoli & Cheese Soup Ham & Cheese WG Croissa Cucumber Slices Ranch Dip, FF Orange Slices Veg Fruit Bar Wed Middle MILK - Variety	Mar - 7 BREAKFAST FOR LUNCH SCRAMBLED EGGS Bacon, Round Biscuits and Gravy Potatoes, Diced Hashbrown Apples, Hot/Cinnamon Veg Fruit Bar Thursday Mid MILK - Variety	Mar - 8 Pepperoni/Cheese WG Roll Broccoli, Parmesan Carrots Honey Coins FRUIT COCKTAIL Yogurt Veg Fruit Bar Friday Middle MILK - Variety
Mar - 11 CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Pears, Sliced Hot Roll WG Veg Fruit Bar Monday Midd MILK - Variety	Mar - 12 Beefy Nachos WG Rice, Spanish WG Refried Beans Corn BLUEBERRY TARTW/WHIPP Veg Fruit Bar Tuesday Midd MILK - Variety	Mar - 13 Hot Dog WG bun with chili Mustard, individual Creamy Cole Slaw Potato Rounds ketchup, indiv 7 grams KIWI Veg Fruit Bar Wed Middle MILK - Variety	Mar - 14 Beef a Roni WG Caesar Salad w Ranch Dres Peas Peaches Hot Roll WG Sherbet, Luigi's , Orange Veg Fruit Bar Thursday Mid MILK - Variety	Mar - 15 NO SCHOOL

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 18 Chili Con Carne w Beans Toasted WG Cheese Sandwi Cucumber Slices Ranch Dip, FF Blueberry Shortcake Veg Fruit Bar Monday Midd MILK - Variety	Mar - 19 Chicken Patty WG Bun Baked Beans Baked Fries ketchup, indiv 7 grams Apricot Cup Veg Fruit Bar Tuesday Midd MILK - Variety	Mar - 20 TURKEY AND DRESSING S Mashed Potatoes Carrots Honey Coins Strawberries & Bananas Hot Roll WG Veg Fruit Bar Wed Middle MILK - Variety	Mar - 21 Macaroni and Cheese Breaded Fish Fillet Creamy Cole Slaw Green Beans w Garlic Orange Slices Veg Fruit Bar Thursday Mid MILK - Variety	Mar - 22 CHICKEN ALFREDO WITH A Broccoli, Parmesan Corn Breadstick WG FRESH APPLE WEDGES Pudding, Chocolate Veg Fruit Bar Friday Middle MILK - Variety
Mar - 25 NO SCHOOL	Mar - 26 SPRING BREAK	Mar - 27 SPRING BREAK	Mar - 28 SPRING BREAK	Mar - 29 SPRING BREAK

USDA IS AN EQUAL OPPORTUNITY PROVIDER

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