

CABELL COUNTY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
		Aug - 28 Chicken Alfredo Hoagie Pig N Blanket (ww) Mustard, individual Chex Mix WG BROCCOLI,raw Celery Sticks Wow Butter APPLE, MED. Mandarin Oranges, cup CANTALOUPE MILK - Variety	Aug - 29 Turkey & Cheese WG hoagi MEATBALL SUB Baked Fries ketchup, indiv 7 grams Carrot Sticks Ranch Dip, FF APPLE, MED. PEACHES CUP BANANA, SMALL MILK - Variety	Aug - 30 Ham & CheeseWG Flatbrea Chicken Patty WG Bun PRETZELS, FISH SHAPED Refried Beans CELERY/CARROTS Ranch Dip, FF Strawberries BANANA, SMALL KIWI MILK - Variety
Sep - 2 NO SCHOOL	Sep - 3 Ham & CheeseWG Flatbrea French WG Bread Cheesy/P Sun Chips WG Red & Orange Peppers BROCCOLI, FRESH Ranch Dip, FF Mandarin Oranges APPLE, MED. BANANA, SMALL MILK - Variety	Sep - 4 Grilled Chicken/M Cheese/ Pizza WG Peppero/Che Flat Baked Fries ketchup, indiv 7 grams Cucumber Slices Ranch Dip, FF Pineapple Tidbits Orange, Fresh BANANA, SMALL MILK - Variety	Sep - 5 Steak/CheeseWG Hoagie Corndog WG Mustard, individual PRETZELS, FISH SHAPED BROCCOLI,raw Carrot Sticks Ranch Dip, FF FRESH PEAR Orange, Fresh KIWI MILK - Variety	Sep - 6 Chicken/Cheese Quesadilla Hot Ham/Cheese on WG B Nacho Scoops WG Salsa/H Refried Beans Carrot Sticks Ranch Dip, FF Orange, Fresh FRESH APPLE WEDGES MILK - Variety

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

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Sep - 9 Chicken Patty WG Bun Bacon Cheeseburger WG B Nacho Scoops WG Salsa/H BROCCOLI,raw Tomatoes, Cherry Ranch Dip, FF Orange Wedges Strawberry Cup MILK - Variety	Sep - 10 Philly Steak/Cheese WGSan Ranch Chicken/Cheddar Wr Dorito Chips, Nacho Chees Red & Orange Peppers Cucumber Slices Ranch Dip, FF Pineapple Tidbits APPLE, MED. MILK - Variety	Sep - 11 MEATBALL SUB Pizza WG Peppero/Che Flat Chex Mix WG Carrot Sticks Tomatoes, Cherry Ranch Dip, FF APPLE, MED. BANANA, SMALL MILK - Variety	Sep - 12 Hot Dog WG bun with chili French WG Bread Cheesy/P Baked Beans Potato Rounds ketchup, indiv 7 grams BANANA, SMALL Strawberries Orange, Fresh MILK - Variety	Sep - 13 BBQ Pork WG Bun Cheese, Cheddar, Cubes Chicken Patty WG Bun Munch WG Snack Mix Celery Sticks Wow Butter Cucumber Slices Ranch Dip, FF CANTALOUPE APPLE, MED. MILK - Variety
Sep - 16 Bacon Cheeseburger WG B Chicken Patty WG Bun Baked Fries ketchup, indiv 7 grams Tomatoes, Cherry Ranch Dip, FF BANANA, SMALL FRESH APPLE WEDGES KIWI MILK - Variety	Sep - 17 Chicken Alfredo Hoagie Pepperoni/Cheese WG Roll PRETZELS, FISH SHAPED BROCCOLI,raw Carrot Sticks Ranch Dip, FF Strawberry Cup Orange, Fresh MILK - Variety	Sep - 18 Italian Sub Chicken Nuggets Sun Chips WG Tomatoes, Cherry Celery Sticks Ranch Dip, FF RICE KRISPY TREATS Mandarin Oranges, cup APPLE, MED. MILK - Variety	Sep - 19 Hot Ham/Cheese on WG B Hot Dog WG bun with chili PRETZELS, FISH SHAPED Carrot Sticks Tomatoes, Cherry Ranch Dip, FF Orange, Fresh APPLE, MED. MILK - Variety	Sep - 20 Soft Taco (2) Chicken/Bacon RanchWG H Nacho Scoops WG Salsa/H Baked Beans Red & Orange Peppers Ranch Dip, FF APPLE, MED. BANANA, SMALL MILK - Variety
Sep - 23 Ham & Cheese WG Croissa French WG Bread Cheesy/P Potato Rounds ketchup, indiv 7 grams BROCCOLI,raw Ranch Dip, FF FRESH APPLE WEDGES Orange, Fresh BANANA, SMALL MILK - Variety	Sep - 24 Sloppy Joe WG Bun Grilled Chicken/M Cheese/ Nacho Scoops WG Salsa/H Tomatoes, Cherry Red & Orange Peppers BANANA, SMALL FRESH PEAR APPLE, MED. MILK - Variety	Sep - 25 BBQ Chicken Sandwich w/C Hot Ham/Cheese on WG B Chex Mix WG Baked Beans Celery Sticks Wow Butter Strawberries Pineapple Tidbits APPLE, MED. MILK - Variety	Sep - 26 MEATBALL SUB Hot Dog WG bun with chili Munch WG Snack Mix Cucumber Slices BROCCOLI,raw Ranch Dip, FF APPLE, MED. Orange, Fresh MILK - Variety	Sep - 27 Ranch Chicken/Cheddar Wr French WG Bread Cheesy/P PRETZELS, FISH SHAPED Tomatoes, Cherry Carrot Sticks Ranch Dip, FF CANTALOUPE BANANA, SMALL APPLE, MED. MILK - Variety

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Sep - 30 Cheeseburger/Pretzel Bun Pizza WG Pepperoni/Che Flat Baked Fries ketchup, indiv 7 grams Carrot Sticks Ranch Dip, FF KIWI Orange, Fresh MILK - Variety				

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