

CABELL COUNTY SCHOOLS
HIGH SCHOOL GRAB N GO BREAKFAST
MARCH 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Feb - 26 Cereal to Go WG Waffles, Maple Mini WG Yogurt breakfast - 4 oz Sausage on Biscuit Egg/Cheese English WG M BANANA, SMALL Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Feb - 27 Cereal to Go WG Bread, Zucchini WG Egg/Cheese Omelet Biscuit Pillsbury Chicken & Slider Bun WG BANANA, SMALL Fruit Juice, Assorted Apricot Cup MILK - Variety	Feb - 28 Cereal to Go WG Breakfast Tart Yogurt breakfast - 4 oz Sausage Pancake WG Stick Chicken & Biscuit Strawberries Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Mar - 1 Cereal to Go WG Muffin WG Chocolate Chip Yogurt breakfast - 4 oz Oatmeal Cup WG Cinnamo Chicken & Biscuit Fruit Juice, Assorted Strawberries BANANA, SMALL MILK - Variety
Mar - 4 Cereal to Go WG MVP WG Low Fat Donut Cheese Stick Breakfast Breakfast Pizza WG Sausage on Biscuit Fruit Juice, Assorted BANANA, SMALL APPLE, MED. MILK - Variety	Mar - 5 Cereal to Go WG Bagel, Mini Strawberry Crea Yogurt breakfast - 4 oz Chicken & Slider Bun WG Egg/Bacon/Cheese Wrap Fruit Juice, Assorted Craisins BANANA, SMALL MILK - Variety	Mar - 6 Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Oatmeal Cup WG Cinnamo Chicken & Biscuit Fruit Juice, Assorted APPLE, MED. BANANA, SMALL MILK - Variety	Mar - 7 Cereal to Go WG Muffin, WG Berry Yogurt breakfast - 4 oz Sausage on Biscuit Egg/Bacon WG Croissant Fruit Juice, Assorted Strawberries BANANA, SMALL MILK - Variety	Mar - 8 Cereal to Go WG FRENCH TOAST STICKS Yogurt breakfast - 4 oz Chicken & Biscuit Sausage Pancake WG Stick Fruit Juice, Assorted BANANA, SMALL MILK - Variety
Mar - 11 Cereal to Go WG MVP WG Low Fat Donut Cheese Stick Breakfast Breakfast Pizza WG Chicken & Slider Bun WG Fruit Juice, Assorted Apples, Sliced BANANA, SMALL MILK - Variety	Mar - 12 Cereal to Go WG Bread, Zucchini WG Yogurt breakfast - 4 oz Sausage Pancake WG Stick Chicken & Biscuit Fruit Juice, Assorted BANANA, SMALL Orange Wedges MILK - Variety	Mar - 13 Cereal to Go WG MVP WG Low Fat Donut Cheese Stick Breakfast Chicken & Slider Bun WG Sausage on Biscuit Fruit Juice, Assorted PEACHES CUP BANANA, SMALL MILK - Variety	Mar - 14 Cereal to Go WG Breakfast Tart Cheese Stick Breakfast Egg/Cheese WG Bagel Sausage on Biscuit Yogurt breakfast - 4 oz Fruit Juice, Assorted Strawberries BANANA, SMALL MILK - Variety	Mar - 15 NO SCHOOL

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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HIGH SCHOOL GRAB N GO BREAKFAST
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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 18 Cereal to Go WG FRENCH TOAST STICKS Yogurt breakfast - 4 oz Breakfast Pizza WG Chicken & Slider Bun WG Fruit Juice, Assorted FRESH APPLE WEDGES BANANA, SMALL MILK - Variety	Mar - 19 Cereal to Go WG Bagels, Blueberry, Hilltop LOW FAT CREAM CHEESE Sausage on Biscuit Egg/Bacon/Cheese Wrap Fruit Juice, Assorted BANANA, SMALL FRESH APPLE WEDGES MILK - Variety	Mar - 20 Cereal to Go WG Muffin, WG Berry Cheese Stick Breakfast Sausage Pancake WG Stick Chicken & Biscuit Fruit Juice, Assorted BANANA, SMALL Orange Wedges MILK - Variety	Mar - 21 Cereal to Go WG Bagel, Mini Strawberry Crea Egg/Cheese Omelet Biscuit Pillsbury Sausage on Biscuit Fruit Juice, Assorted BANANA, SMALL CANTALOUPE MILK - Variety	Mar - 22 Cereal to Go WG Pancake WG Bites Cheese, Cheddar Stick Brea Chicken & Biscuit Egg & Cheese Pretzel Bun Fruit Juice, Assorted Orange Wedges BANANA, SMALL MILK - Variety
Mar - 25 NO SCHOOL	Mar - 26 SPRING BREAK	Mar - 27 SPRING BREAK	Mar - 28 SPRING BREAK	Mar - 29 SPRING BREAK

USDA IS AN EQUAL OPPORTUNITY PROVIDER

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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