

# CABELL COUNTY SCHOOLS

MIDDLE SCHOOL MAIN LINE FEBRUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 NO SCHOOL
Feb - 4  Cheeseburger WG Bun Lettuce & Tomato Baked Fries ketchup, indiv 7 grams Blueberry Shortcake KIWI Veg Fruit Bar Monday Midd MILK - Variety	Feb - 5  Chicken Nuggets Mashed Potatoes Green Beans w Garlic Apricot Cup Hot Roll WG Veg Fruit Bar Tuesday MILK - Variety	Feb - 6  Chili Con Carne w Beans Toasted WG Cheese Sandwi Carrot Sticks Ranch Dip, FF Pears, Sliced Veg Fruit Bar Wed Middle MILK - Variety	Feb - 7  Pepperoni/Cheese WG Roll Broccoli, Parmesan Corn Strawberries & Bananas Veg Fruit Bar Thursday Mid MILK - Variety	Feb - 8  Macaroni and Cheese Fish WG Bun Baked Beans CORN COBBETT Peaches Veg Fruit Bar Friday Middle MILK - Variety
Feb - 11  CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Grapes, Fresh Hot Roll WG Veg Fruit Bar Monday Midd MILK - Variety	Feb - 12  Chicken/Cheese Quesadilla Rice, Spanish WG Refried Beans Broccoli, Parmesan Mandarin Oranges Veg Fruit Bar Tuesday Midd MILK - Variety	Feb - 13  Spaghetti w Meat Sauce Caesar Salad w Ranch Dres Peas FRUIT COCKTAIL Hot Roll WG Veg Fruit Bar Wed Middle MILK - Variety	Feb - 14  Cheeseburger WG Bun Lettuce & Tomato Baked Fries Cucumber Slices Ranch Dip, FF Valentine's Day SideKicks Veg Fruit Bar Thursday Mid MILK - Variety	Feb - 15  BEEF VEGETABLE SOUP CRACKERS, SALTINE(4) Hot Dog WG bun with chili Creamy Cole Slaw Strawberry Cup Veg Fruit Bar Friday Middle MILK - Variety
Feb - 18  NO SCHOOL	Feb - 19  CHICKEN ALFREDO WITH A Broccoli, Parmesan Carrots Honey Coins Peaches Pudding, Chocolate Breadstick WG Veg Fruit Bar Tuesday Midd MILK - Variety	Feb - 20  Beefy Nachos WG Rice, Spanish WG Refried Beans Corn BLUEBERRY TARTW/WHIPP Veg Fruit Bar Wed Middle MILK - Variety	Feb - 21  BREAKFAST FOR LUNCH SCRAMBLED EGGS Biscuits and Gravy Sausage Pattie Potatoes, Diced Hashbrown Apples, Hot/Cinnamon Veg Fruit Bar Thursday Mid MILK - Variety	Feb - 22  Barbecue Chicken Cheesy Potatoes Green Beans w Garlic Pears, Sliced Hot Roll WG Veg Fruit Bar Friday Middle MILK - Variety

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 25 Beef a Roni WG Caesar Salad w Ranch Dres Potatoes, Red Roasted FRUIT COCKTAIL Breadstick WG Veg Fruit Bar Monday Midd MILK - Variety	Feb - 26 TURKEY AND DRESSING S Mashed Potatoes Peas PEACHES CUP Hot Roll WG Veg Fruit Bar Tuesday Midd MILK - Variety	Feb - 27 Macaroni and Cheese Chicken Tenders Broccoli, Parmesan Strawberries & Bananas Hot Roll WG Veg Fruit Bar Wed Middle MILK - Variety	Feb - 28 Chili Con Carne w Beans Toasted WG Cheese Sandwi Cucumber Slices Ranch Dip, FF Pears, Sliced Veg Fruit Bar Thursday Mid MILK - Variety	

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