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HIGH SCHOOL-SALAD BAR LINE FEBRUARY 2019

Jan 30, 2019 Monday Tuesday Wednesday Thursday Friday Feb - 1 NO SCHOOL Feb - 4 Feb - 5 Feb - 6 Feb - 7 Feb - 8 Ham, diced, Pat, Farms .25 Chicken Diced Springer Mt Taco Meat for Taco Salad B CHILI CON CARNE W/ BEA Chicken Breast 3 oz Raw TURKEY Cooked, Chopped Cheese Blended Mozz & Ch Cheese Blended Mozz & Ch Cheese Blended Mozz & Ch HARD BOILED EGG Eggs, Hard Cooked, USFoo Soup Taco REFRIED BEANS Potato Baked Cheese Blended Mozz & Ch Cheese Blended Mozz & Ch Lettuce Romaine BROCCOLI, FRESH Tortilla, Flour 8" Lettuce Romaine Lettuce Romaine **BROCCOLL**raw Tortilla Chips, WG white cor Carrot Sticks TOMATOES, FRESH, RED RIP BROCCOLL FRESH TOMATOES, FRESH, RED RIP Lettuce Romaine Lettuce Romaine ONIONS, RED, RAW Carrot Sticks Carrot Sticks TOMATOES, FRESH, RED RIP TOMATOES, FRESH, RED RIP Celery Sticks TOMATOES, FRESH, RED RIP Celery Sticks ONIONS.RED.RAW Bread&Cheese Stuf WG Carrot Sticks **Cucumber Slices** ONIONS, RED, RAW Peppers Green CRACKERS, WG CAULIFLOWER,raw ONIONS.RED.RAW Taco Sauce PPI **Cucumber Slices** Fresh Fruit for Bar Thursday **Cucumber Slices** Sour Cream Potato Baked CAULIFLOWER.raw **CAULIFLOWER.raw** Margarine, cup, indiv. Tortilla, Flour 10" Carrot Sticks Sour Cream **VEGETABLE SOUP** Celery Sticks Dressing Assorted Salad Ba Tortilla Chips, WG white cor Fresh Fruit for Bar Wednes Milk, Nonfat Chocolate Uni Breadstick WG Dressing Assorted Salad Ba Broccoli & Cheese Soup Milk, Nonfat Chocolate Uni Milk, 1% white. United Panini WG Bread Hot Roll WG Fresh Fruit for Bar Tuesday Milk, 1% white, United Milk, Skim, United Dressing Assorted Salad Ba Milk, Nonfat Chocolate Uni FRUIT SMOOTHIE Fresh Fruit for Bar Monday Milk, Skim, United Sour Cream Milk, Nonfat Chocolate Uni Milk, 1% white. United Sherbet, Luigi's, Orange Dressing Assorted Salad Ba Margarine, cup, indiv. Dressing Assorted Salad Ba Fresh Fruit for Bar Friday Milk, 1% white, United Milk, Skim, United Milk, Skim, United Pudding, Chocolate Milk, Nonfat Chocolate Uni fruit juice bar Milk, 1% white, United Milk, Skim, United Pudding, Chocolate

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^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.

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Jan 30, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 11	Feb - 12	Feb - 13	Feb - 14	Feb - 15
Ham, diced, Pat. Farms .25 TURKEY Cooked, Chopped Eggs, Hard Cooked, USFoo Cheese Blended Mozz & Ch Lettuce Romaine BROCCOLI, FRESH Carrot Sticks TOMATOES, FRESH, RED RIP Cucumber Slices ONIONS, RED, RAW CAULIFLOWER, raw Celery Sticks Dressing Assorted Salad Ba Broccoli & Cheese Soup Hot Roll WG Fresh Fruit for Bar Monday Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United fruit juice bar	Chicken Diced Springer Mt Cheese Blended Mozz & Ch Soup Taco Lettuce Romaine BROCCOLI,raw TOMATOES,FRESH,RED RIP Carrot Sticks Celery Sticks ONIONS,RED,RAW Cucumber Slices CAULIFLOWER,raw Tortilla, Flour 10" Tortilla Chips,WG white cor Dressing Assorted Salad Ba Fresh Fruit for Bar Tuesday Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United Pudding, Chocolate	Taco Meat for Taco Salad B Cheese Blended Mozz & Ch REFRIED BEANS Tortilla, Flour 8" Tortilla Chips,WG white cor Lettuce Romaine TOMATOES,FRESH,RED RIP ONIONS,RED,RAW Peppers Green Taco Sauce PPI Sour Cream Carrot Sticks Fresh Fruit for Bar Wednes Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United Sherbet, Luigi's, Orange Dressing Assorted Salad Ba	CHILI CON CARNE W/ BEA Cheese Blended Mozz & Ch Potato Baked BROCCOLI, FRESH Carrot Sticks Lettuce Romaine TOMATOES,FRESH,RED RIP Bread&Cheese Stuf WG CRACKERS, WG Fresh Fruit for Bar Thursday Margarine, cup, indiv. Sour Cream Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United FRUIT SMOOTHIE Dressing Assorted Salad Ba	Chicken Breast 3 oz Raw HARD BOILED EGG Cheese Blended Mozz & Ch Lettuce Romaine TOMATOES,FRESH,RED RIP ONIONS,RED,RAW Celery Sticks Carrot Sticks CAULIFLOWER,raw Cucumber Slices Potato Baked VEGETABLE SOUP Breadstick WG Panini WG Bread Dressing Assorted Salad Ba Sour Cream Margarine, cup, indiv. Fresh Fruit for Bar Friday Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United Pudding, Chocolate

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HIGH SCHOOL-SALAD BAR LINE FEBRUARY 2019

Jan 30, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 18	Feb - 19	Feb - 20	Feb - 21	Feb - 22
NO SCHOOL	Chicken Diced Springer Mt Cheese Blended Mozz & Ch Soup Taco Lettuce Romaine BROCCOLI,raw TOMATOES,FRESH,RED RIP Carrot Sticks Celery Sticks ONIONS,RED,RAW Cucumber Slices CAULIFLOWER,raw Tortilla, Flour 10" Tortilla Chips,WG white cor Dressing Assorted Salad Ba Fresh Fruit for Bar Tuesday Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United Pudding, Chocolate	Taco Meat for Taco Salad B Cheese Blended Mozz & Ch REFRIED BEANS Tortilla, Flour 8" Tortilla Chips,WG white cor Lettuce Romaine TOMATOES,FRESH,RED RIP ONIONS,RED,RAW Peppers Green Taco Sauce PPI Sour Cream Carrot Sticks Fresh Fruit for Bar Wednes Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United Sherbet, Luigi's , Orange Dressing Assorted Salad Ba	CHILI CON CARNE W/ BEA Cheese Blended Mozz & Ch Potato Baked BROCCOLI, FRESH Carrot Sticks Lettuce Romaine TOMATOES,FRESH,RED RIP Bread&Cheese Stuf WG CRACKERS, WG Fresh Fruit for Bar Thursday Margarine, cup, indiv. Sour Cream Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United FRUIT SMOOTHIE Dressing Assorted Salad Ba	Chicken Breast 3 oz Raw HARD BOILED EGG Cheese Blended Mozz & Ch Lettuce Romaine TOMATOES,FRESH,RED RIP ONIONS,RED,RAW Celery Sticks Carrot Sticks CAULIFLOWER,raw Cucumber Slices Potato Baked VEGETABLE SOUP Breadstick WG Panini WG Bread Dressing Assorted Salad Ba Sour Cream Margarine, cup, indiv. Fresh Fruit for Bar Friday Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United Pudding, Chocolate

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HIGH SCHOOL-SALAD BAR LINE FEBRUARY 2019

Page 4	HIGH SCHOOL-SALAD BAR LINE FEBRUARY 2019			Jan 30, 2019
Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 25	Feb - 26	Feb - 27	Feb - 28	•
Ham, diced, Pat. Farms .25 TURKEY Cooked, Chopped Eggs, Hard Cooked, USFoo Cheese Blended Mozz & Ch Lettuce Romaine BROCCOLI, FRESH Carrot Sticks TOMATOES, FRESH, RED RIP Cucumber Slices ONIONS, RED, RAW CAULIFLOWER, raw Celery Sticks Dressing Assorted Salad Ba Broccoli & Cheese Soup Hot Roll WG Fresh Fruit for Bar Monday Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United fruit juice bar	Chicken Diced Springer Mt Cheese Blended Mozz & Ch Soup Taco Lettuce Romaine BROCCOLI,raw TOMATOES,FRESH,RED RIP Carrot Sticks Celery Sticks ONIONS,RED,RAW Cucumber Slices CAULIFLOWER,raw Tortilla, Flour 10" Tortilla Chips,WG white cor Dressing Assorted Salad Ba Fresh Fruit for Bar Tuesday Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United Pudding, Chocolate	Taco Meat for Taco Salad B Cheese Blended Mozz & Ch REFRIED BEANS Tortilla, Flour 8" Tortilla Chips,WG white cor Lettuce Romaine TOMATOES,FRESH,RED RIP ONIONS,RED,RAW Peppers Green Taco Sauce PPI Sour Cream Carrot Sticks Fresh Fruit for Bar Wednes Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United Sherbet, Luigi's, Orange Dressing Assorted Salad Ba	CHILI CON CARNE W/ BEA Cheese Blended Mozz & Ch Potato Baked BROCCOLI, FRESH Carrot Sticks Lettuce Romaine TOMATOES,FRESH,RED RIP Bread&Cheese Stuf WG CRACKERS, WG Fresh Fruit for Bar Thursday Margarine, cup, indiv. Sour Cream Milk, Nonfat Chocolate Uni Milk, 1% white, United Milk, Skim, United FRUIT SMOOTHIE Dressing Assorted Salad Ba	

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