

**CABELL COUNTY SCHOOLS**  
**HIGH SCHOOL GRAB N GO BREAKFAST**  
**FEBRUARY 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 NO SCHOOL
Feb - 4  Cereal to Go WG FRENCH TOAST STICKS Yogurt breakfast - 4 oz Chicken & Biscuit Sausage Pancake WG Stick Fruit Juice, Assorted FRESH APPLE WEDGES BANANA, SMALL MILK - Variety	Feb - 5  Cereal to Go WG Bread, Zucchini WG Cheese Stick Breakfast Sausage on Biscuit Breakfast Pizza WG Fruit Juice, Assorted APPLE, MED. BANANA, SMALL MILK - Variety	Feb - 6  Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Chicken & Biscuit Egg/Ham/Cheese Wrap Orange Wedges Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Feb - 7  Cereal to Go WG Muffin WG Chocolate Chip Cheese Stick Breakfast Sausage on Biscuit Egg & Cheese Flat BreadW APPLE, MED. Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Feb - 8  Cereal to Go WG CEREAL BAR WG CINNAM Yogurt breakfast - 4 oz Egg/Bacon WG Croissant Sausage on Biscuit Fruit Juice, Assorted FRESH APPLE WEDGES BANANA, SMALL MILK - Variety
Feb - 11  Cereal to Go WG MVP WG Low Fat Donut Cheese, Cheddar Stick Brea Breakfast Pizza WG Sausage on Biscuit Fruit Juice, Assorted Orange Wedges BANANA, SMALL MILK - Variety	Feb - 12  Cereal to Go WG Snack Loaf, WG Blueberry Yogurt breakfast - 4 oz Egg/Cheese WG Bagel Chicken & Slider Bun WG BANANA, SMALL Fruit Juice, Assorted Strawberry Cup MILK - Variety	Feb - 13  Cereal to Go WG MVP WG Low Fat Donut Cheese Stick Breakfast Sausage on Biscuit Oatmeal Cup WG Cinnamo BANANA, SMALL Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Feb - 14  Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Egg & Cheese Pretzel Bun Chicken & Biscuit Orange Wedges BANANA, SMALL Fruit Juice, Assorted MILK - Variety	Feb - 15  Cereal to Go WG Pancake WG Bites Cheese Stick Breakfast Chicken & Slider Bun WG Toasted Cheese Sandwich Fruit Juice, Assorted APPLE, MED. BANANA, SMALL MILK - Variety
Feb - 18  NO SCHOOL	Feb - 19  Cereal to Go WG FRENCH TOAST STICKS Yogurt breakfast - 4 oz Sausage Pancake WG Stick Chicken & Slider Bun WG Fruit Juice, Assorted FRESH APPLE WEDGES BANANA, SMALL MILK - Variety	Feb - 20  Cereal to Go WG MVP WG Low Fat Donut Cheese Stick Breakfast Pancake on Stick WG Chicken & Biscuit Fruit Juice, Assorted Strawberries BANANA, SMALL MILK - Variety	Feb - 21  Cereal to Go WG Muffin WG Chocolate Chip Yogurt breakfast - 4 oz Chicken & Slider Bun WG Egg/Bacon WG Croissant FRESH PEAR Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Feb - 22  Cereal to Go WG Bagel, Mini Strawberry Crea Cheese Stick Breakfast Sausage on Biscuit Breakfast Pizza WG Fruit Juice, Assorted Orange Wedges MILK - Variety

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Feb - 25  Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Breakfast Pizza WG Sausage on Biscuit Fruit Juice, Assorted Grapes, Fresh BANANA, SMALL MILK - Variety	Feb - 26  Cereal to Go WG Waffles, Maple Mini WG Yogurt breakfast - 4 oz Sausage on Biscuit Egg/Cheese English WG M BANANA, SMALL Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Feb - 27  Cereal to Go WG Bread, Zucchini WG Egg/Cheese Omelet Biscuit Pillsbury Chicken & Slider Bun WG BANANA, SMALL Fruit Juice, Assorted Apricot Cup MILK - Variety	Feb - 28  Cereal to Go WG Breakfast Tart Yogurt breakfast - 4 oz Sausage Pancake WG Stick Chicken & Biscuit Strawberries Fruit Juice, Assorted BANANA, SMALL MILK - Variety	

USDA IS AN EQUAL OPPORTUNITY PROVIDER

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