

CABELL COUNTY SCHOOLS

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Feb - 4 Hamburger WG Bun Lettuce & Tomato Baked Fries ketchup, indiv 7 grams KIWI Blueberry Shortcake Veg Fruit Bar Monday MILK - Variety	Feb - 5 Chicken Nuggets Mashed Potatoes Green Beans w Garlic Apricot Cup Hot Roll WG Veg Fruit Bar Tuesday MILK - Variety	Feb - 6 Chili Con Carne w Beans Toasted WG Cheese Sandwi Carrot Sticks Ranch Dip, FF Pears, Sliced Veg Fruit Bar Wednesda MILK - Variety	Feb - 7 Pepperoni/Cheese WG Roll Broccoli, Parmesan Corn Strawberries & Bananas Veg Fruit Bar Thursday MILK - Variety	Feb - 8 Macaroni and Cheese Fish WG Bun Baked Beans CORN COBBETT Peaches Veg Fruit Bar Friday MILK - Variety																																																																						
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Feb - 11 CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Grapes, Fresh Hot Roll WG Veg Fruit Bar Monday MILK - Variety	Feb - 12 Chicken/Cheese Quesadilla SPANISH RICE Refried Beans Broccoli, Parmesan Mandarin Oranges Veg Fruit Bar Tuesday MILK - Variety	Feb - 13 Spaghetti w Meat Sauce Caesar Salad w Ranch Dres Peas FRUIT COCKTAIL Hot Roll WG Veg Fruit Bar Wednesda MILK - Variety	Feb - 14 Hamburger WG Bun Lettuce & Tomato Baked Fries Cucumber Slices Ranch Dip, FF Valentine's Day SideKicks Veg Fruit Bar Thursday MILK - Variety	Feb - 15 BEEF VEGETABLE SOUP CRACKERS, SALTINE(4) Hot Dog WG bun with chili Creamy Cole Slaw Strawberry Cup Veg Fruit Bar Friday MILK - Variety																																																																						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Prot 46.0g	21.8%Cal																																																																									
Carb 126.7g	60.1%Cal																																																																									
T.Fat 16.6g	17.7%Cal																																																																									
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Sodium.	1539 mg																																																																									
Prot 45.3g	16.1%Cal																																																																									
Carb 152.1g	54.1%Cal																																																																									
T.Fat 35.7g	28.6%Cal																																																																									
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<p>Feb - 25</p> <p>Beef a Roni WG Caesar Salad w Ranch Dres Potatoes, Red Roasted FRUIT COCKTAIL Breadstick WG Veg Fruit Bar Monday MILK - Variety</p>	<p>Feb - 26</p> <p>TURKEY AND DRESSING S Mashed Potatoes Peas PEACHES CUP Hot Roll WG Veg Fruit Bar Tuesday MILK - Variety</p>	<p>Feb - 27</p> <p>Macaroni and Cheese Chicken Tenders Broccoli, Parmesan Strawberries & Bananas Hot Roll WG Veg Fruit Bar Wednesda MILK - Variety</p>	<p>Feb - 28</p> <p>Chili Con Carne w Beans Toasted WG Cheese Sandwi Cucumber Slices Ranch Dip, FF Pears, Sliced Veg Fruit Bar Thursday MILK - Variety</p>																																																																							
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CABELL COUNTY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
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USDA IS AN EQUAL OPPORTUNITY PROVIDER

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