

CABELL COUNTY SCHOOLS

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Feb - 4 Cheeseburger WG Bun Lettuce & Tomato Baked Fries ketchup, indiv 7 grams Blueberry Shortcake KIWI Veg Fruit Bar Monday Midd MILK - Variety	Feb - 5 Chicken Nuggets Mashed Potatoes Green Beans w Garlic Apricot Cup Hot Roll WG Veg Fruit Bar Tuesday MILK - Variety	Feb - 6 Chili Con Carne w Beans Toasted WG Cheese Sandwi Carrot Sticks Ranch Dip, FF Pears, Sliced Veg Fruit Bar Wed Middle MILK - Variety	Feb - 7 Pepperoni/Cheese WG Roll Broccoli, Parmesan Corn Strawberries & Bananas Veg Fruit Bar Thursday Mid MILK - Variety	Feb - 8 Macaroni and Cheese Fish WG Bun Baked Beans CORN COBBETT Carrots Honey Coins Peaches Veg Fruit Bar Friday Middle MILK - Variety																																																																																																									
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Feb - 11 CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Grapes, Fresh Hot Roll WG Veg Fruit Bar Monday Midd MILK - Variety	Feb - 12 Chicken/Cheese Quesadilla Rice, Spanish WG Refried Beans Red & Orange Peppers Broccoli, Parmesan Mandarin Oranges Veg Fruit Bar Tuesday Midd MILK - Variety	Feb - 13 Spaghetti w Meat Sauce Caesar Salad w Ranch Dres Peas FRUIT COCKTAIL Hot Roll WG Veg Fruit Bar Wed Middle MILK - Variety	Feb - 14 Cheeseburger WG Bun Lettuce & Tomato Baked Fries Cucumber Slices Ranch Dip, FF Valentine's Day SideKicks Veg Fruit Bar Thursday Mid MILK - Variety	Feb - 15 BEEF VEGETABLE SOUP CRACKERS, SALTINE(4) Hot Dog WG bun with chili Creamy Cole Slaw Strawberry Cup Veg Fruit Bar Friday Middle MILK - Variety																																																																																																									

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Feb - 18 NO SCHOOL	Feb - 19 CHICKEN ALFREDO WITH A Broccoli, Parmesan Carrots Honey Coins Peaches Pudding, Chocolate Breadstick WG Veg Fruit Bar Tuesday Midd MILK - Variety	Feb - 20 Beefy Nachos WG Rice, Spanish WG Refried Beans Corn Red & Orange Peppers BLUEBERRY TARTW/WHIPP Veg Fruit Bar Wed Middle MILK - Variety	Feb - 21 BREAKFAST FOR LUNCH SCRAMBLED EGGS Biscuits and Gravy Sausage Pattie Potatoes, Diced Hashbrown Apples, Hot/Cinnamon Veg Fruit Bar Thursday Mid MILK - Variety	Feb - 22 Barbecue Chicken Cheesy Potatoes Green Beans w Garlic Pears, Sliced Hot Roll WG Veg Fruit Bar Friday Middle MILK - Variety																																																																						
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.