

CABELL COUNTY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																									
	Feb - 26 Macaroni and Cheese Chicken Tenders Broccoli, Parmesan Strawberries & Bananas Hot Roll WG Veg Fruit Bar Tuesday MILK - Variety	Feb - 27 Chili Con Carne w Beans Toasted WG Cheese Sandwi Cucumber Slices Ranch Dip, FF Pears, Sliced Veg Fruit Bar Wednesda MILK - Variety	Feb - 28 TURKEY AND DRESSING S Mashed Potatoes Peas PEACHES CUP Hot Roll WG Veg Fruit Bar Thursday MILK - Variety	Mar - 1 Hamburger WG Bun PRETZELS, FISH SHAPED Baked Beans Carrots Honey Coins FRESH APPLE WEDGES Veg Fruit Bar Friday MILK - Variety																																																																																																									
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

CABELL COUNTY SCHOOLS

Cabell County Schools Elementary Lunch Menu March 2019

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Feb 25, 2019

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Mar - 11 CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Pears, Sliced Hot Roll WG Veg Fruit Bar Monday MILK - Variety	Mar - 12 Beefy Nachos WG Rice, Spanish WG Refried Beans Corn BLUEBERRY TARTW/WHIPP Veg Fruit Bar Tuesday MILK - Variety	Mar - 13 Hot Dog WG bun with chili Mustard, individual Creamy Cole Slaw Potato Rounds ketchup, indiv 7 grams KIWI Veg Fruit Bar Wednesda MILK - Variety	Mar - 14 Beef a Roni WG Caesar Salad w Ranch Dres Peas Peaches Hot Roll WG Ice Cream Veg Fruit Bar Thursday MILK - Variety	Mar - 15 NO SCHOOL																																																																																																									
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Mar - 18 Chili Con Carne w Beans Toasted WG Cheese Sandwi Cucumber Slices Ranch Dip, FF Blueberry Shortcake Veg Fruit Bar Monday MILK - Variety	Mar - 19 Chicken Patty WG Bun Baked Beans Baked Fries ketchup, indiv 7 grams Apricot Cup Veg Fruit Bar Tuesday MILK - Variety	Mar - 20 TURKEY AND DRESSING S Mashed Potatoes Carrots Honey Coins Strawberries & Bananas Hot Roll WG Veg Fruit Bar Wednesda MILK - Variety	Mar - 21 Macaroni and Cheese Breaded Fish Fillet Creamy Cole Slaw Green Beans w Garlic Sherbet, Luigi's , Orange Peaches Veg Fruit Bar Thursday MILK - Variety	Mar - 22 Pizza, Cheese Broccoli, Parmesan Corn FRESH APPLE WEDGES Pudding, Chocolate Veg Fruit Bar Friday MILK - Variety																																																																																																									
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CABELL COUNTY SCHOOLS

Cabell County Schools Elementary Lunch Menu March 2019

Monday			Tuesday			Wednesday			Thursday			Friday		
Nutrients	Target		Nutrients	Target		Nutrients	Target		Nutrients	Target		Nutrients	Target	
Cals...	0*	0%	Cals...	0*	0%	Cals...	0*	0%	Cals...	0*	0%	Cals...	0*	0%
Sodium.	0* mg		Sodium.	*N/A* mg		Sodium.	*N/A* mg		Sodium.	*N/A* mg		Sodium.	*N/A* mg	
Prot	0.0*g	0.0%Cal	Prot	0.0*g	0.0%Cal	Prot	0.0*g	0.0%Cal	Prot	0.0*g	0.0%Cal	Prot	0.0*g	0.0%Cal
Carb	0.0*g	0.0%Cal	Carb	0.0*g	0.0%Cal	Carb	0.0*g	0.0%Cal	Carb	0.0*g	0.0%Cal	Carb	0.0*g	0.0%Cal
T.Fat	0.0*g	0.0%Cal	T.Fat	*N/A*g	*N/A*%Cal	T.Fat	*N/A*g	*N/A*%Cal	T.Fat	*N/A*g	*N/A*%Cal	T.Fat	*N/A*g	*N/A*%Cal
S.Fat	0.0*g	0.0%Cal	S.Fat	*N/A*g	*N/A*%Cal	S.Fat	*N/A*g	*N/A*%Cal	S.Fat	*N/A*g	*N/A*%Cal	S.Fat	*N/A*g	*N/A*%Cal

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