

# CABELL COUNTY SCHOOLS

## HIGH SCHOOL PIZZA LINE APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 Pizza, Cheese/Pepperoni Potato Rounds ketchup, indiv 7 grams Carrots Honey Coins Peaches Grapes, Fresh Pudding, Chocolate MILK - Variety	Apr - 2 Pizza, Buffalo Broccoli, Parmesan Corn Mandarin Oranges BLUEBERRY TARTW/WHIPP Cookie Choc Chip WW MILK - Variety	Apr - 3 French WG Bread Cheesy/P Baked Fries ketchup, indiv 7 grams Baked Beans Pineapple Slices Strawberries MILK - Variety	Apr - 4 Pizza, Cheese Nacho Scoops WG Salsa/H Refried Beans Red & Orange Peppers Corn Orange Wedges HONEYDEW MELON MILK - Variety	Apr - 5 Pizza WG Pepperoni/Chees Salad Tossed Romaine w/R Potatoes, Red Roasted KIWI Peaches ROYAL BROWNIES MILK - Variety
Nutrients            Target Cals...            858    101% Sodium.           1338 mg Prot    33.5g    15.6%Cal Carb   131.4g   61.2%Cal T.Fat   23.6g    24.8%Cal S.Fat    6.1g     6.4%Cal	Nutrients            Target Cals...            761    100% Sodium.           963 mg Prot    37.8g    19.9%Cal Carb   107.0g   56.2%Cal T.Fat   25.4g    30.1%Cal S.Fat    8.3*g     9.8%Cal	Nutrients            Target Cals...            868    102% Sodium.           1686 mg Prot    42.7g    19.7%Cal Carb   134.3g   61.9%Cal T.Fat   19.0*g   19.7%Cal S.Fat    8.2*g     8.5%Cal	Nutrients            Target Cals...            890    105% Sodium.           1098 mg Prot    40.2g    18.1%Cal Carb   135.8g   61.1%Cal T.Fat   21.1*g   21.3%Cal S.Fat    3.7*g     3.7%Cal	Nutrients            Target Cals...            850    100% Sodium.           1163 mg Prot    41.2g    19.4%Cal Carb   125.1g   58.8%Cal T.Fat   20.9*g   22.1%Cal S.Fat    7.5*g     7.9%Cal
Apr - 8 Pizza WG Pepperoni/Chees Caesar Salad w Ranch Dres Peas Peaches Applesauce Ice Cream MILK - Variety	Apr - 9 French WG Bread Cheesy/P Chex Mix WG Carrots Honey Coins Red & Orange Peppers Blueberry Shortcake Grapes, Fresh MILK - Variety	Apr - 10 Pizza WG Pepperoni/Che Flat Potato Rounds ketchup, indiv 7 grams Cucumber Slices Ranch Dip, FF Orange Slices HONEYDEW MELON MILK - Variety	Apr - 11 Pizza, White CA WG Baked Beans Baked Fries ketchup, indiv 7 grams Strawberries Pears, Sliced MILK - Variety	Apr - 12 Pizza WG Pepperoni/Chees Salad Tossed Romaine w/R Carrots Honey Coins Strawberries & Bananas Pineapple Tidbits Yogurt MILK - Variety
Nutrients            Target Cals...            969    114% Sodium.           1276 mg Prot    47.8g    19.7%Cal Carb   129.6g   53.5%Cal T.Fat   29.5*g    27.4%Cal S.Fat    7.1*g     6.6%Cal	Nutrients            Target Cals...            1163   137% Sodium.           1570 mg Prot    59.5g    20.5%Cal Carb   167.6g   57.6%Cal T.Fat   31.1*g    24.1%Cal S.Fat   10.8*g    8.3%Cal	Nutrients            Target Cals...            696    93% Sodium.           1672 mg Prot    34.4g    19.8%Cal Carb    95.2g    54.7%Cal T.Fat   21.9*g    28.3%Cal S.Fat    8.6*g     11.1%Cal	Nutrients            Target Cals...            806    100% Sodium.           1233 mg Prot    40.5g    20.1%Cal Carb   117.9g   58.5%Cal T.Fat   17.5*g    19.6%Cal S.Fat    6.8*g     7.6%Cal	Nutrients            Target Cals...            900    106% Sodium.           1138 mg Prot    43.8g    19.5%Cal Carb   143.3g   63.7%Cal T.Fat   17.6*g    17.6%Cal S.Fat    8.7*g     8.7%Cal

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## HIGH SCHOOL PIZZA LINE APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 15  Pizza, Cheese California Blend Baked Fries ketchup, indiv 7 grams Peaches KIWI Sherbet, Rasp, Luigis MILK - Variety	Apr - 16  Pizza WG Pepperoni/Chees Broccoli, Parmesan Carrots Honey Coins Strawberry Shortcake Orange Slices Pudding, Chocolate MILK - Variety	Apr - 17  Pizza WG Peppero/Che Flat Sun Chips WG Refried Beans Corn Jello w Fruit Mix Pears, Sliced MILK - Variety	Apr - 18  Pizza, Buffalo Caesar Salad w Ranch Dres Carrots Honey Coins Grapes, Fresh CANTALOUPE Yogurt MILK - Variety	Apr - 19  NO SCHOOL
Nutrients            Target Cals...            765       100% Sodium.            709 mg Prot    30.7g    16.1%Cal Carb   124.9g   65.3%Cal T.Fat 15.4*g   18.2%Cal S.Fat  3.0*g    3.5%Cal	Nutrients            Target Cals...            1092      128% Sodium.            1294 mg Prot    66.1g    24.2%Cal Carb   162.5g   59.5%Cal T.Fat 21.6*g   17.8%Cal S.Fat  9.3*g    7.6%Cal	Nutrients            Target Cals...            1080      127% Sodium.            1467 mg Prot    41.2g    15.3%Cal Carb   145.7g   53.9%Cal T.Fat 16.3*g   13.6%Cal S.Fat  6.6*g    5.5%Cal	Nutrients            Target Cals...            596       79% Sodium.            1029 mg Prot    35.8g    24.1%Cal Carb   81.3g   54.6%Cal T.Fat 17.2*g   26.0%Cal S.Fat  7.9*g    12.0%Cal	Nutrients            Target Cals...            0           0% Sodium.            0 mg Prot    0.0g    0.0%Cal Carb   0.0g   0.0%Cal T.Fat 0.0*g   0.0%Cal S.Fat  0.0*g   0.0%Cal
Apr - 22  French WG Bread Cheesy/P Quick Baked Potatoes CORN COBBETT Grapes, Fresh Pears, Sliced Cookie Choc Chip WW MILK - Variety	Apr - 23  Pizza WG Pepperoni/Chees Potatoes, Diced Hashbrown Tomatoes, Parm Baked Apples, Hot/Cinnamon WATERMELON Yogurt MILK - Variety	Apr - 24  Pizza WG Peppero/Che Flat Sun Chips WG Broccoli, Parmesan Celery Sticks Wow Butter Strawberries & Bananas KIWI MILK - Variety	Apr - 25  Pizza, White CA WG Quick Baked Potatoes Carrot Sticks Ranch Dip, FF Peaches WATERMELON MILK - Variety	Apr - 26  French WG Bread Cheesy/P Baked Beans Baked Fries ketchup, indiv 7 grams Carrot Sticks KIWI Mandarin Oranges MILK - Variety
Nutrients            Target Cals...            990       117% Sodium.            1287 mg Prot    43.3g    17.5%Cal Carb   160.8g   64.9%Cal T.Fat 24.0*g   21.8%Cal S.Fat  8.9*g    8.1%Cal	Nutrients            Target Cals...            826       100% Sodium.            981 mg Prot    43.8g    21.2%Cal Carb   119.0g   57.6%Cal T.Fat 18.2*g   19.8%Cal S.Fat  8.1*g    8.8%Cal	Nutrients            Target Cals...            1021      120% Sodium.            1331 mg Prot    47.0g    18.4%Cal Carb   109.5g   42.9%Cal T.Fat 32.4*g   28.5%Cal S.Fat 10.5*g    9.3%Cal	Nutrients            Target Cals...            710       95% Sodium.            971 mg Prot    35.9g    20.3%Cal Carb   104.0g   58.6%Cal T.Fat 16.8*g   21.3%Cal S.Fat  6.1*g    7.7%Cal	Nutrients            Target Cals...            881       104% Sodium.            1756 mg Prot    44.1g    20.0%Cal Carb   136.1g   61.8%Cal T.Fat 19.2*g   19.6%Cal S.Fat  8.2*g    8.4%Cal

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Apr - 29  Pizza, White CA WG Cheesy Potatoes Salad Tossed Romaine w/R Pears, Sliced Strawberries Yogurt MILK - Variety	Apr - 30  Pizza, Cheese Corn Refried Beans Red & Orange Peppers Ranch Dip, FF Churro, Raspberry Orange Slices Grapes, Fresh MILK - Variety																															
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