

CABELL COUNTY SCHOOLS
HIGH SCHOOL GRAB N GO BREAKFAST
APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 Cereal to Go WG Muffin, WG Blueberry Cheese Stick Breakfast Sausage on Biscuit Breakfast Pizza WG Fruit Juice, Assorted Applesauce Cup BANANA, SMALL MILK - Variety	Apr - 2 Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Egg/Cheese WG Croissant Chicken & Biscuit Fruit Juice, Assorted Craisins BANANA, SMALL MILK - Variety	Apr - 3 Cereal to Go WG Pancake WG Bites Cheese Stick Breakfast Chicken & Slider Bun WG Egg & Cheese Pretzel Bun Fruit Juice, Assorted Apricot Cup FRESH APPLE WEDGES MILK - Variety	Apr - 4 Cereal to Go WG Bread, Zucchini WG Cheese Stick Breakfast Oatmeal Cup WG Cinnamo Sausage on Biscuit Fruit Juice, Assorted Apples, Sliced MILK - Variety	Apr - 5 Cereal to Go WG FRENCH TOAST STICKS Yogurt breakfast - 4 oz Breakfast Pizza WG Sausage on Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety
Apr - 8 Cereal to Go WG MVP WG Low Fat Donut Cheese Stick Breakfast Egg/Bacon/Cheese Wrap Chicken & Biscuit Fruit Juice, Assorted Apples, Sliced MILK - Variety	Apr - 9 Cereal to Go WG Breakfast Tart Yogurt breakfast - 4 oz Sausage on Biscuit Egg & Cheese Pretzel Bun Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Apr - 10 Cereal to Go WG Snack Loaf, WG Banana Yogurt breakfast - 4 oz Chicken & Biscuit Breakfast Pizza WG Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Apr - 11 Cereal to Go WG Waffles, Maple Mini WG Cheese Stick Breakfast Egg/Bacon WG Croissant Sausage on Biscuit Fruit Juice, Assorted Strawberries MILK - Variety	Apr - 12 Cereal to Go WG Muffin WG Chocolate Chip Yogurt breakfast - 4 oz Chicken & Slider Bun WG Breakfast Pizza WG Fruit Juice, Assorted Grapes, Fresh MILK - Variety
Apr - 15 Cereal to Go WG FRENCH TOAST STICKS Yogurt breakfast - 4 oz Chicken & Slider Bun WG Breakfast Pizza WG Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Apr - 16 Cereal to Go WG Bagel, Mini Strawberry Crea Sausage on Biscuit Egg/Bacon WG Croissant Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Apr - 17 Cereal to Go WG Muffin, WG Berry Cheese Stick Breakfast Sausage Pancake WG Stick Chicken & Slider Bun WG Fruit Juice, Assorted Strawberries MILK - Variety	Apr - 18 Cereal to Go WG MVP WG Low Fat Donut Egg/Cheese Omelet Biscuit Pillsbury Sausage on Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Apr - 19 NO SCHOOL

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 22 Cereal to Go WG French Toast, mini WG Yogurt breakfast - 4 oz Sausage on Biscuit Toasted Cheese Sandwich Fruit Juice, Assorted FRESH APPLE WEDGES BANANA, SMALL MILK - Variety	Apr - 23 Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Egg & Cheese Flat BreadW Sausage on Biscuit Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Apr - 24 Cereal to Go WG MVP WG Low Fat Donut Breakfast Pizza WG Chicken & Slider Bun WG Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Apr - 25 Cereal to Go WG Muffin, WG Blueberry Cheese Stick Breakfast Egg/Cheese WG Bagel Sausage on Biscuit Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Apr - 26 Cereal to Go WG Waffles, Maple Mini WG Yogurt breakfast - 4 oz Oatmeal Cup WG Cinnamo Chicken & Slider Bun WG Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety
Apr - 29 Cereal to Go WG CEREAL BAR WGCHEERIO Cheese Stick Breakfast Sausage Pancake WG Stick Chicken & Biscuit Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Apr - 30 Cereal to Go WG Bread, Zucchini WG Cheese Stick Breakfast Breakfast Pizza WG Sausage on Biscuit Fruit Juice, Assorted Strawberries MILK - Variety			

USDA IS AN EQUAL OPPORTUNITY PROVIDER

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