

CABELL COUNTY SCHOOLS

Cabell County Schools Elementary Lunch Menu April 2019

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																									
Apr - 1 CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Peaches Hot Roll WG Pudding, Chocolate MILK - Variety	Apr - 2 Pepperoni/Cheese WG Roll Broccoli, Parmesan Corn Mandarin Oranges Cookie Choc Chip WW MILK - Variety	Apr - 3 Baked Steak with Gravy Mashed Potatoes Baked Beans Pineapple Slices Hot Roll WG MILK - Variety	Apr - 4 Beefy Nachos WG Rice, Spanish WG Refried Beans Corn BLUEBERRY TARTW/WHIPP Veg Fruit Bar Thursday MILK - Variety	Apr - 5 Hot Dog WG bun with chili Mustard, individual Creamy Cole Slaw Potatoes, Red Roasted KIWI Veg Fruit Bar Friday MILK - Variety																																																																																																									
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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CABELL COUNTY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 29 Barbecue Chicken Cheesy Potatoes Green Beans w Garlic Pears, Sliced Hot Roll WG Veg Fruit Bar Monday MILK - Variety	Apr - 30 Taco, Beef & Cheese Crisпитos Chicken & Chee Refried Beans SPANISH RICE Corn Churro, Raspberry Orange Slices Veg Fruit Bar Tuesday MILK - Variety			
Nutrients Target Cals... 827* 127% Sodium. 1129* mg Prot 36.1*g 17.4%Cal Carb 101.9*g 49.3%Cal T.Fat 29.8*g 32.4%Cal S.Fat 10.4*g 11.3%Cal	Nutrients Target Cals... 1188* 183% Sodium. 1738* mg Prot 54.8*g 18.5%Cal Carb 166.0*g 55.9%Cal T.Fat 39.4*g 29.8%Cal S.Fat 11.5*g 8.7%Cal			

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