

CABELL COUNTY SCHOOLS

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<p>Apr - 1</p> <p>CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Peaches FRESH APPLE WEDGES Hot Roll WG Pudding, Chocolate MILK - Variety</p>	<p>Apr - 2</p> <p>Pepperoni/Cheese WG Roll Broccoli, Parmesan Corn Mandarin Oranges BLUEBERRY TARTW/WHIPP Cookie Choc Chip WW MILK - Variety</p>	<p>Apr - 3</p> <p>Baked Steak with Gravy Mashed Potatoes Baked Beans Pineapple Slices Strawberries Hot Roll WG MILK - Variety</p>	<p>Apr - 4</p> <p>BEEFY NACHOS WG Rice, Spanish WG Refried Beans Corn Red & Orange Peppers Orange Wedges Veg Fruit Bar Thursday Mid MILK - Variety</p>	<p>Apr - 5</p> <p>Hot Dog WG bun with chili Mustard, individual Creamy Cole Slaw Potatoes, Red Roasted KIWI Veg Fruit Bar Friday Middle MILK - Variety</p>																																																																						
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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 15 Macaroni and Cheese Breaded Fish Fillet Creamy Cole Slaw Green Beans w Garlic Ice Cream Peaches Veg Fruit Bar Monday Midd MILK - Variety	Apr - 16 Chicken Nuggets Broccoli, Parmesan Carrots Honey Coins FRESH APPLE WEDGES Hot Roll WG Pudding, Chocolate Veg Fruit Bar Tuesday Midd MILK - Variety	Apr - 17 Chicken Chimichanga Rice, Spanish WG Refried Beans Corn Jello w Fruit Mix Veg Fruit Bar Wed Middle MILK - Variety	Apr - 18 Spaghetti w Meat Sauce Caesar Salad w Ranch Dres Carrots Honey Coins Grapes, Fresh Hot Roll WG Veg Fruit Bar Thursday Mid MILK - Variety	Apr - 19 NO SCHOOL
Nutrients Target Cals... 966 114% Sodium. 1079 mg Prot 40.6*g 16.8%Cal Carb 119.8g 49.6%Cal T.Fat 39.4*g 36.7%Cal S.Fat 10.0*g 9.3%Cal	Nutrients Target Cals... 932 110% Sodium. 1393 mg Prot 41.2*g 17.7%Cal Carb 137.0g 58.8%Cal T.Fat 26.2*g 25.3%Cal S.Fat 8.1*g 7.8%Cal	Nutrients Target Cals... 956 112% Sodium. 1308 mg Prot 44.1*g 18.5%Cal Carb 151.7g 63.5%Cal T.Fat 11.6*g 10.9%Cal S.Fat 2.7*g 2.5%Cal	Nutrients Target Cals... 942 111% Sodium. 1278 mg Prot 47.2*g 20.0%Cal Carb 130.1g 55.3%Cal T.Fat 28.2*g 27.0%Cal S.Fat 9.3*g 8.9%Cal	Nutrients Target Cals... 0 0% Sodium. 0 mg Prot 0.0*g 0.0%Cal Carb 0.0g 0.0%Cal T.Fat 0.0*g 0.0%Cal S.Fat 0.0*g 0.0%Cal
Apr - 22 Chicken Nachos WG Refried Beans CORN COBBETT Grapes, Fresh Cookie Choc Chip WW Veg Fruit Bar Monday Midd MILK - Variety	Apr - 23 BREAKFAST FOR LUNCH SCRAMBLED EGGS Sausage Pattie Biscuits and Gravy Potatoes, Diced Hashbrown Tomatoes, Parm Baked Apples, Hot/Cinnamon Veg Fruit Bar Tuesday Midd MILK - Variety	Apr - 24 Macaroni and Cheese Chicken Tenders Broccoli, Parmesan Strawberries & Bananas Hot Roll WG Veg Fruit Bar Wed Middle MILK - Variety	Apr - 25 Chili Con Carne w Beans Corndog WG Mustard, individual Carrot Sticks Ranch Dip, FF Peaches Veg Fruit Bar Thursday Mid MILK - Variety	Apr - 26 Bacon Cheeseburger WG B Lettuce & Tomato Baked Beans Baked Fries ketchup, indiv 7 grams Carrot Sticks KIWI Veg Fruit Bar Friday Middle MILK - Variety
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Prot	38.3*g	16.8%Cal																																																										
Carb	116.3*g	51.1%Cal																																																										
T.Fat	31.9*g	31.6%Cal																																																										
S.Fat	10.7*g	10.6%Cal																																																										
Nutrients		Target																																																										
Cals...	1149*	135%																																																										
Sodium.	1486*	mg																																																										
Prot	54.0*g	18.8%Cal																																																										
Carb	159.4*g	55.5%Cal																																																										
T.Fat	39.3*g	30.8%Cal																																																										
S.Fat	11.5*g	9.0%Cal																																																										

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.